



## Teachings from Deep Soul Healing® with Amarananda Bhairavan

March 13 - 15, 2009

### GANAPATI PUBLIC PUJA

FRIDAY March 13, 6:30-8pm

In this group puja we will invoke Ganapati, the empowerer and remover of obstacles. Puja is an invocation of blessing and grace from the divine. Its energy will align specifically with the chakras of the participant, unleashing powerful, life-affirming currents of grace. This Ganapati puja is highly participatory. We will learn mudras, simple finger gestures, and empowering chants to Ganapati. Participants are invited to bring images and icons of Ganapati to be put in the collective shrine.

### HEALING WITH MANTRA

SATURDAY March 14, 1-5pm

Learn to unleash stores of hidden energy through chants that resonate their vibrations on the energy centers and channels in the body. This practical workshop focuses on teaching simple yet potent mantras to enhance health and wellness. The workshop will end with a question and answer session.

- Discover the subtle energy system of the light body within.
- Learn the fundamentals of the chakras and marmas associated with them. Practice mudras and chants to energize these centers.
- Understand the elements and their specific mantras. Practice pronouncing and chanting specific mantras to affect the elements.

### CHANTS FOR ABUNDANCE

SUNDAY March 15, 11:30am-3:30pm

Learn a powerful ritual to invoke abundance in your life. This workshop focuses on teaching a specific ritual to Lakshmi, goddess of wealth and divine radiance. The workshop will include a question and answer session as well as a live participatory performance of a group puja for abundance conducted by Amarananda Bhairavan.

- Learn the historic and cosmological origins of the goddess Lakshmi
- Learn simple mantras and chants to awaken the center of abundance within us.
- Learn specific mudras to activate channels that can empower us.
- Take home a short powerful practice to transform and unleash abundance in your life.



#### COST

Friday Ganapati Group Puja: \$10 donation

Saturday Healing With Mantra: \$108

Sunday Chants for Abundance: \$108

Both Saturday and Sunday sessions: \$180

REGISTER at the studio,

by phone, 505-842-1080,

by e-mail, [info@bhavayogastudio.com](mailto:info@bhavayogastudio.com)

or mail in your payment indicating

the sessions you will be attending.

**Amarananda Bhairavan**, affectionately known as Nandu, is an internationally renowned Vedic Priest and Master Healer. Initiated at the age of nine, he was trained in Oti vidya, a tantra unique to Odiyyathis or tribal medicine women of Kerala. Amarananda Bhairavan remains a direct descendant of this eight thousand year old tradition of goddess worship. His mystical education and initiations in the ancient Oti vidya tantric practices are the subject of his two visionary books: *Kali's Odiyya: A Shaman's True Story of Initiation* and *Medicine of Light: A Shaman's Journey through Mystic Space-Time*. A Vedic scholar, mystic, and master of sacred art, Amarananda Bhairavan holds Masters Degrees in both Sanskrit and Physical Therapy. Embodying a rare combination of wisdom, compassion, humility and transformative power, Nandu regularly travels the world giving lectures and workshops, performing pujas and fire ceremonies, and conducting private consultations and healing rituals. For more information about Nandu go to [www.deepsoulhealing.com](http://www.deepsoulhealing.com).

**Nandu is also available for individual readings while in Albuquerque.**

#### Individual Rice Readings

45 minutes \$108

#### Pujas for Personal Empowerment

1 hour \$250

Schedule by phone:

505-842-1080 or by e-mail:

[bea@bhavayogastudio.com](mailto:bea@bhavayogastudio.com)

**bhava**  
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