

Logistics, Albuquerque, NM

Restaurant Guide

East Downtown (walking distance)

The Artichoke Café, 424 Central Ave SE, (505) 243-0200, (French, Italian, American), \$\$\$

The Daily Grind, 414 Central Ave SE, (505) 883-8310, (breakfast & lunch), \$

Farina Pizzeria, 510 Central Ave SE. (505) 243-0130, (lunch & dinner), \$\$

The Grove Café & Market, 600 Central Ave SE, (505) 248-9800, (breakfast and lunch), \$\$

The Standard Diner, 320 Central Ave SE, (505) 243-1440, \$\$

Downtown

Al's New York Pizza Department, 215 Central Ave NW, (505) 766-6973, \$

Flying Star Café, 723 Silver Ave SW, (505) 244-8099, \$\$

Gold Street Café, 218 Gold Ave SW, (505) 765-1633, \$\$

Slate Street Café, 515 Slate Ave NW, (505) 243-2210, \$\$

University District

Annapurna Chai House, 2201 Silver SE, (505) 262-2424, (Ayurvedic and Vegan Cuisine), \$

El Patio, 42 Harvard SE, (505) 268-4245, New Mexican, \$\$

Rasoi, 110 Yale Blvd. SE, (505) 268-5327, (East Indian) \$

Nob Hill

Café de Lat, 5615 Central Ave NE, (505) 266-5559, (Vietnamese), \$\$

Flying Star Café, 33416 Central Ave SE, (505) 255-6633, \$\$

Il Vicino Pizzeria & Micro Brewery, 3403 Central Ave NE, (505) 266-7855, \$\$

La Montanita Food Coop, 3500 Central Ave NE, (505) 265-4631

Nob Hill Bar & Grill, 3128 Central Ave. SE, (505) 266-6872, (upscale gourmet bar food) \$\$

Orchid Thai, 4300 Central Ave SE, (505) 265-4047, \$\$

Scalo Northern Italian Grill, 3500 Central Ave SE, (505) 255-8781, \$\$\$

Shogun Japanese, 3310 Central Ave SE, (505) 265-9166, \$\$

Vivaci, 3118 Central Ave SE, (505) 268-5965, (Italian) \$\$\$

Yanni's Mediterranean, 3109 Central Ave NE, (505) 268-9250, \$\$\$

Others Worth Noting:

Chow's Asian Bistro, 1959 Juan Tabo Blvd NE, (505) 899-6889, \$\$\$

Taj Palace, 1435 Eubank Blvd. NE, (505) 296-0109, \$\$\$

Whole Foods Market, 2103 Carlisle Blvd NE, (505) 260-1366

Recommended Lodging

Casas de Suenos, 3130 Rio Grande Blvd. SW, (800) 665-7002, www.casadesuenos.com, \$\$

Embassy Suites, 1000 Woodward Pl. NE, (505) 245-7100, www.embassysuites.com, \$\$\$

Hotel Albuquerque, 800 Rio Grande Blvd. NW, (505) 843-6300, www.hhandr.com/hotelabq, \$\$\$

Hyatt Regency, 330 Tijeras NW, (505) 842-1234, www.albuquerque.hyatt.com, \$\$\$

Route 66 Hostel, 1012 Central Ave. SE, (505) 247-1813, www.hostelz.com/hostel/21433, \$

The Hotel Blue, 717 Central Ave. NW, (505) 924-2400, www.thehotelblue.com, \$\$

Directions to Bhava Yoga Studio

520-A Central Ave. SE
Albuquerque, NM 87102
505-842-1080

Bhava is located 3 blocks west of I-25 on the SW corner of Walter St. and Central Ave in the heart of East Downtown.

From the North

Exit I-25 at the *Martin Luther King/Central Ave./Downtown* exit #224b.

Go through first light at MLK and turn right (west) at the 2nd light onto Central Ave.

Go three blocks to Walter St.

Bhava is on the ISW corner of Central and Walter.

There is free off street parking in both lots on either side of Walter.

From the South

Exit I-25 at *Lead/Coal/Central* exit #224a.

Go through the lights at Lead and Coal and turn left (west) at the third light onto Central Ave.

Go three blocks to Walter St.

Bhava is on the SW corner of Central and Walter.

There is free off street parking in both lots on either side of Walter.

From Downtown Hotels

Take Central Ave. east (towards the mountains). Cross under the SF Railroad and go 4 blocks to Bhava on the corner of Walter St. and Central Ave.



Address **520 Central Ave SE**
Albuquerque, NM 87102

Get Google Maps on your phone



Text the word "GMAPS" to 466453

